

# YOUR SOURCE OF IODINE AND BEST SUPPORT OF YOUR IMMUNE SYSTEM

**Forget sugary sports drinks. Isotonic drinks are the same: water, a couple of basic electrolytes, lots of sugar, artificial sweeteners or colors.** They may quench your thirst for a moment, but they don't truly give your body what it needs.

**YODINA is different. Completely different.** Developed on holistic principles, it is a 100% natural drink that combines pure spring water with **FULL SPECTRUM ELECTROLYTES**, the mineral richness of the ocean, betaGLUCAN™ and bioactive iodine from a billion-year-old ancient sea. YODINA is designed not just to hydrate, but to replenish, protect, and regenerate your body.



## YODINA – For your Health, Regeneration and Hydration.

YODINA contains a **FULL SPECTRUM** of 82 bioactive minerals and trace elements, found in the same proportions as human blood plasma. Unlike regular isotonic drinks, YODINA doesn't stop at sodium and potassium. It delivers magnesium, calcium, iodine, zinc, selenium, copper, boron, iron, phosphorus, and dozens of other essential trace elements that your body truly needs.

**Up to 92% bioavailability, compared to just ~3% in inorganic minerals. Naturally restores hydration and prevents cramps. Supports bones, joints, metabolism, and the nervous system.**

## betaGLUCAN™ – Natural Immune Support

YODINA is fortified with the most effective form of betaGLUCAN, a natural polysaccharide known for strengthening the immune system. It helps your body defend against infections, reduces fatigue, and improves resilience under both physical and mental stress. It activates macrophages and natural killer (NK) cells, which recognize and destroy bacteria, viruses, and tumor cells. That's why it is often used as a strongest natural immunomodulator.

## Bioactive Iodine – Ancient Source, Modern Power

Each bottle of YODINA provides 150 mcg of bioactive iodine – exactly 100% of your recommended daily intake. This iodine comes from a billion-year-old ancient sea, hermetically sealed deep within the Earth's crust. It is extracted at a depth of 950 m from a borehole reaching 1850 m, ensuring unmatched purity and potency.

**FULL SPECTRUM ELECTROLYTES.  
FULL SPECTRUM OF LIFE.**

## Why is iodine so important?

- Essential for the thyroid gland, which controls metabolism, hormones, and energy.
- Supports brain development, focus, and concentration.
- Boosts energy metabolism and helps combat fatigue.
- Strengthens the nervous system and overall vitality.
- Modern diets often lack iodine. YODINA provides it in its most natural, strong & bioactive form.

## Real Benefits in Every Bottle

- Faster recovery & cramp prevention
- Improved digestion & reduced inflammation
- Stronger bones, joints & cartilage
- Better sleep, more energy & mental clarity
- Immune support from betaGLUCAN™
- 100% daily dose of bioactive iodine for thyroid health
- Organic, vegan, sugar-free & zero glycemic index

**YODINA – More Than a Drink. Hydration, Protection, Regeneration, Health.**



## LISTEN TO YOUR BODY, YOUR BODY KNOWS

**Support of the Gut Microbiota.** The intestinal microbiota plays a key role in our health in immune defence, digestion, weight management, blood regulation and many others.

Around **80% of our immunity is formed in our intestinal tract.** Fermented bacteria and yeasts in our beverage help to improve the digestion of lactose, help with diarrhea, maintain intestinal balance, help by colonisation of the intestinal microflora.

**We look at the body as a whole, because everything is interconnected and at the same time interacts with each other.**

Since 2001 we have been designing and developing all of our beverages and dietary supplements on these holistic principles of health. They operate on several levels simultaneously. When affecting one process or organ in the body, you cannot neglect others because the body would deviate from balance.

**Dosage is also very important. Nothing should be exaggerated.** For that we supply the body with nutrients in quantities that the body is able to process without residue and without burdening it.

**BUY ONLINE**  
[spacelabdrinks.com](https://spacelabdrinks.com)







# ENERGY, CONNECTION, AND THE SECRET BEHIND LONG NIGHTS

**How did you first get into DJ-ing, and what still drives you after a night full of sets?**  
I actually started out in a small bar in my hometown. A good friend of mine was a DJ and let me step behind the decks a couple of times. From there, it just clicked – I began practicing at home, then playing small parties for friends. At first it was pure fun, but over time it became a real passion. What keeps me going, even after a long night? Without question, it's the energy from the crowd. When you see people smiling, moving, and connecting with the music, it fuels you. That connection keeps me on my feet and makes me want to play even more.

**Is there a performance that will stay with you forever?**  
Definitely a summer festival where, right in the middle of my set, it started to pour with rain. Normally you'd expect people to run for cover, but instead the opposite happened – the crowd went wild. Everyone danced harder, the stage was alive in the rain, and the atmosphere turned electric. It was pure magic, and I'll never forget it.

**How do you maintain your energy when playing until sunrise?**  
The trick starts during the day – I try to conserve my energy, eat something light, and take some downtime before performing. During the night, water and movement are essential, but most of all, staying in tune with the crowd keeps me energized. Sometimes I'll grab an Alcohol Killer – especially if I know I have to travel or play again early the next morning. It helps me recover quickly without that heavy feeling.

**Do you have any rituals after a demanding night?**  
When I finally get home, I need a moment of complete calm. A shower, a small meal, maybe some quiet chill-out music – or sometimes total silence. Just disconnecting for a while helps me reset.



**LUIS DE MARK**  
DJ and Producer

**Staying fresh during late-night gigs is key. How does Alcohol Killer help?**  
It's become my little backstage secret. I've never been into traditional energy drinks – they feel too heavy and loaded with sugar. Alcohol Killer is different. It helps me push through long nights, and the best part is waking up the next morning without feeling destroyed. It's light, easy on the stomach, and it works with me rather than against me.



**Do you have a favorite flavor or way to drink it?**  
Always chilled, straight from the can. The citrus flavor is my go-to – it's fresh, clean, and most importantly, it doesn't taste artificial.

**Was there a time when Alcohol Killer really saved you?**  
Yes, no question. I had three gigs in three cities on three consecutive nights. By the third night, I was completely drained. After my set, I had an Alcohol Killer, managed to sleep a few hours, and woke up surprised that I could function normally again. Without it, I'd have been completely wiped out.

**If Alcohol Killer were a music genre, what would it be and why?**  
I'd say something between deep house and funk. It's got that steady groove, never too much, but always enough to keep the energy flowing. Just like Alcohol Killer – it doesn't work against you, it moves with you, naturally.



**CALCULATE YOUR  
SOBER TIME**  
[alcoholkiller.com](http://alcoholkiller.com)

**ANIME** gaming edition

Modern and attractive design in Animé for younger and older generations made with selected high-quality natural ingredient combinations, they contain B-vitamins and unique **βG ACTIVE IMMUNE COMPLEX®** which activate and strengthen the body's natural defense mechanism in synergy with strong antioxidant and anti-inflammatory benefits for daily nutrition. They contain 40% less sugar than common beverages.

**betaGLUCAN™**  
essential nutrients  
C & B vitamins

It is your choice, what you & your kids drink. Healthy drinks or a crap.

**-40% SUGAR**

VITALIZING DRINK  
**BANÇAI**  
Lemon  
Lemon Citrus  
Lemon Citrus  
betaGLUCAN™





**What excited you most about beach volleyball, and where do you feel more at home – on the beach court or indoors?**

What I love most about beach volleyball is that I'm constantly in contact with the ball throughout the game, while in indoor volleyball it often happens that the ball doesn't even come your way during a rally :D. Besides that, I also love that the main tournament season for beach volleyball is played outdoors. Even though I played indoor volleyball for many years, I definitely feel at home on the sand. Indoor volleyball gave me a solid technical and movement foundation, but I honestly can't imagine trading sand for a hard court anymore.

**Which beach volleyball memory stands out to you the most?**

There are several, but if I had to choose one, it would be from two years ago, when my partner and I fought our way through two qualification rounds at the Beach Pro Tour Futures in Messina, Sicily. We played on a court set up right in the central square of the city. In two words, I'd describe that moment as pure joy and experience – it was the first time both of us ever made it into the main draw of an international Futures tournament.

**What are the toughest conditions for you on the sand?**

For me, it's definitely extreme heat and deep sand. I'm the kind of athlete who needs to stay very well hydrated in those conditions, and that includes nutrition supplements. Minerals, or electrolytes, are absolutely essential for me at every tournament, not just during hot days.

**What do you eat and drink before a match to be 100% ready?**

Beach volleyball is physically very demanding, and for my body to perform at its best, it needs sufficient energy reserves. That's why I eat more carbohydrates (rice, pasta, potatoes) at least one day before a tournament, and I also make sure to drink plenty of fluids enriched with vitamins and minerals one or two days before. I discovered Aliver Bioactive Waters with 82 minerals, and they've turned out to be the perfect choice for me.

**How does Aliver Bioactive Water help you handle the heat and stay hydrated?**

Thanks to Aliver Bioactive Water, which contains a full spectrum of minerals like magnesium, calcium, and iodine, I handle the heat on and off the court much better because it replaces the minerals I sweat out. I get almost no muscle cramps – I'd even say practically none. But what I notice most is that I don't have those sudden energy drops anymore. My energy stays stable throughout the day, and I don't feel weak or drained.

**Which benefits of these waters do you notice most?**

- Vitamin Water – Calcium (with B vitamins, calcium, and more): I experience much milder symptoms when I catch a cold or flu. Plus, it helps prevent calcium loss from my bones during training and matches.
- Magnesium Water and Iodine-Enriched Water: With regular use, I experience very few cramps or muscle fatigue, and I feel a better overall energy balance in my body.
- Probiotic & Prebiotic Waters: I notice better digestion and a stronger immune system overall.

**Which flavor reminds you most of summer and the beach vibe?**

I actually have two favorites: the probiotic & prebiotic waters in Orange-Mango (based on water kefir) and Forest Fruit. These are also the favorites of many of my friends, so I can highly recommend them.

**Which match was the hardest for you in terms of heat?**

It was a match earlier this summer, where heat, deep sand, and heavy physical demand all came together. I felt like I had taken in enough fluids and minerals, but that time it wasn't enough. By the third match of the day, with the temperature hitting 34°C, I started experiencing muscle cramps. At first, I thought I could just shake it off since it almost never happens to me, but it only got worse. In the second set, we had to stop because the cramps became so strong I couldn't move properly in the sand anymore. Luckily, the medic treated me with high doses of minerals and electrolytes, and the next day I was able to continue in the tournament. Since then, I make sure I never run out of Bioactive Waters days before a tournament.

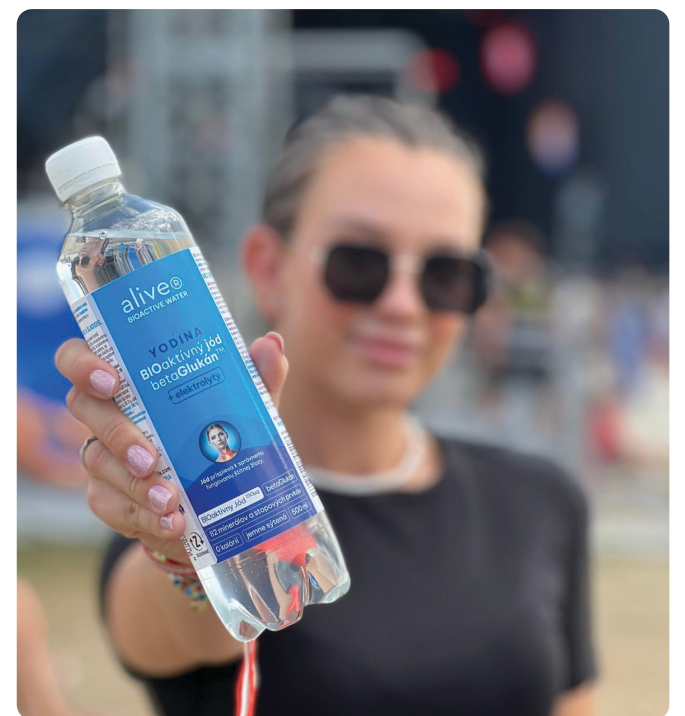


**KRISTINA HARMAN**  
Beach volleyball player



**NO ADDED SUGAR OR SWEETENERS**

This is an exceptional multifunctional nutritional supplement in the form of syrup which acts collectively on key organs of the body – it has a positive effect on the intestinal tract, as it produces up to 75 % of immunity. It also acts on the liver, spleen, gallbladder and pancreas at the same time. Each shot contains fibre, ginger, vitamin D3, and betaGLUCAN™ to strengthen and activate the immune system as well as milk thistle, dandelion root and vitamins B and C. It has a low glycaemic index and is therefore of benefit for diabetics.



**NATURAL SOURCE OF 82 BIOAVAILABLE MINERALS & TRACE ELEMENTS**

Spring mountain water enriched with 82 bioactive minerals and trace elements from the depths of the ocean that are needed for the proper functioning of our entire body. Everyone is just talking about Calcium and Magnesium but there are also other minerals very important for our health, such as Iodine, Manganese, Iron or Boron. You can hardly find any trace of these minerals amongst a variety of waters or soft drinks, not even among dietary supplements. Our mineral complex is from an organic source and has up to 92% bioavailability (ie to what extent and how quickly the substance can be absorbed and used in the body). Commonly used inorganic minerals have bioavailability only of 3%. The rest of them can settle in our body and form kidney or urinary stones.

Since Bioactive water is SUGAR-FREE and SWEETENER-FREE, it is suitable for everyone for whom a healthy lifestyle is important and takes care of their body, health or beauty. Just because of it's zero glycemic index it is also a great benefit for diabetics, to whom it brings great taste, hydration and necessary nutrients.



**BUY ONLINE**  
[spacelabdrinks.com](https://spacelabdrinks.com)





# THE BUSINESSMAN WHO CONQUERED THE ALPS.

**What led you to take part in such a demanding mountain bike race as the “MAXXIS BIKE Transalp”?**  
My long-term business partner knew that ever since I was young, I enjoyed watching the Tour de France and cycling in general. He came up with the idea that we should take part in the Transalp race. From Austria to Italy – 500 km with 17,000 meters of elevation gain. Quite a challenge.

**How did you prepare for this race?**  
I had to work mainly on my physical condition. For me, it was a test of endurance and willpower, since these were my very first races. But they were right when they said it would also be an incredible experience full of “breathtaking views.” In the end, we went there to enjoy it and to push beyond our own limits.

**What challenges did you face during preparation?**  
With my rather lean physique, the main question was how to preserve enough energy so that the effort wouldn’t consume me from the inside. Of course, I also had to make sure cramps wouldn’t stop me from reaching the finish line. I saw how many competitors dropped out early – exhausted, in pain, or injured. A moment of inattention or fatigue can easily lead to an accident.

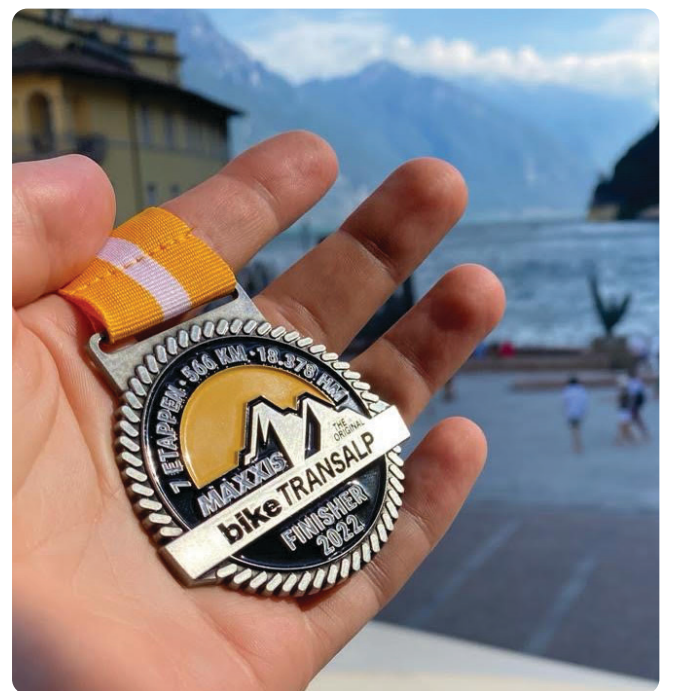
**How did you deal with that?**  
I planned my training sessions in a way that would prepare me for the toughest phases of the race – the steep climbs where I would have to dig deep into my reserves and rely

on sheer willpower to keep pedaling. I also consulted a specialist about what I should do from a nutritional perspective.

**What did your race day look like from nutritional point of view?**  
On the bus that took us to the start, I prepared a bottle of aliver full-spectrum electrolytes with calcium as the main ingredient, to prevent my bones from losing calcium during the effort. At the finish line, I already had a bottle of aliver full-spectrum electrolytes with magnesium waiting for me. During the toughest sections of the terrain, I had shots of ALCOHOL KILLER, which gave me energy and at the same time calmed my stomach – unlike many other sports gels, which usually have the opposite effect.



**What do you mean by a full spectrum of electrolytes? And Alcohol Killer? Isn’t it just for breaking down alcohol?**  
I was surprised myself. But I found out – and verified – that these shots are also used by ultramarathon runners and triathletes. It is developed on holistic principles and works in synergy with our body. As for the “electrolytes” commonly available on the market, they basically contain only 4 minerals. However, the complete electrolyte complex from the brand aliver contains as many as 82. As I learned, bones are made up of 12 essential minerals and 64 trace elements, so it makes perfect sense that we need to replenish all of these electrolytes. They ensure that the parathyroid hormone does not start depleting calcium from the bones.



**And what were your personal experiences with this mineral complex?**  
I was pleasantly surprised that during the race I didn’t experience muscle soreness or physical weakness. Everything worked exactly as I had been told. I would even say that I completed the race with remarkable ease, all the way to the finish line.

**How did you like MAXXIS BIKE Transalp race ?**  
I have already participated in the MAXXIS BIKE Transalp twice. It was really breath taking. Now I am training for Transpyr C2C.



**RASTISLAV ČÁŇIK**  
Enthusiastic bicycle racer

- ✓ Daily vitality
- ✓ Immune Support
- ✓ Antioxidant Boost
- ✓ Vegan
- ✓ Gluten Free

- ✓ Heart Health
- ✓ Energy Focus
- ✓ Circulation Support
- ✓ Vegan
- ✓ Gluten Free

## SuperGreens & SuperRed NATURAL SuperHEROES FOR OUR HEALTH

They combine the best of Nature with modern science to support gut health, metabolism, energy, immunity, and overall vitality. Both formulas are designed for today’s busy lifestyle, offering a simple way to fuel your body with what it really needs. With their unique blend of fruits, herbs, and essential nutrients, they provide a natural boost you can truly feel.

**Packed with Nature’s Power**  
Each blend contains Superfruits, Greens, Botanicals, Vitamins, full spectrum bioactive Electrolytes, Pre- and Postbiotics, Fibers and Seaweed. Together, these ingredients create a powerful synergy that supports both body and mind, helping you stay active, focused, and balanced throughout the day. Just mix a scoop with water or a smoothie for a refreshing daily dose of antioxidants, vitamins, and natural plant power. It’s a delicious and convenient way to take care of your health every single day. With SuperGreens and SuperRed, you can make wellness part of your routine effortlessly.





After entering the gastrointestinal tract, alcohol is quickly absorbed into the blood circulation and transferred into each cell of the body. 90% is metabolized in the liver – alcohol molecules are metabolized by several enzymes, especially alcohol dehydrogenases (ADH), aldehyde dehydrogenases (ALDH), catalase and monooxygenase and by the enzymatic system MEOS. Alcohol oxidizes with

## SPEED UP YOUR METABOLISM, REMOVE ALCOHOL FROM BLOOD UP TO 62% FASTER

ADH and changes into acetaldehyde (AA), which is extremely toxic not only for the liver itself, but for all other human organs and cells. ALDH supports further oxidizing and changes it into acetate, which is further converted.

In small doses and when drunk slowly, alcohol metabolizes with minimum negative impact on the body. On the contrary, quick consumption of large amounts of alcohol causes the accumulation of highly toxic alcohol metabolites (acetaldehyde, LDL cholesterol, triglycerides and free radicals), which in the long run can lead to severe metabolic disorders and organ damage, negatively impacting health. Furthermore, if alcohol is consumed on an empty stomach, it is immediately absorbed through the stomach wall, damaging the brain and the nervous system.

### Alcohol is the most frequently used toxin consumed knowingly.

Alcohol intoxication creates an imbalance in the body and blocks the absorption of vitamins, minerals, and important elements that take part in bioprocesses.

That's why many people suffer from the negative effects of alcohol, known as a hangover – headache, upset stomach, loss of appetite, retching, eye pain, fatigue, poor concentration...

ALCOHOL KILLER helps restore your body's metabolic balance & strengthens its natural detoxifying process.

Back in January of 2001, we created the first drink in history that was able to eliminate alcohol from the human body. Over the course of three years, we tested the drink, created a marketing concept, and looked for a suitable name that would be easily understood all around the world. We created a drink that is detoxifying, regenerating, and vitalizing. It is a beverage suitable for everyday drinking due to its beneficial aspects for the body, and not just a remedy for a hangover. According to tests conducted in an accredited laboratory, ALCOHOL KILLER® achieved exceptional results:

**83% anti-oxidizing activity,  
14% antiradical activity  
26% DNA protection**

## THE NEXT GENERATION OF HYDRATION & PERFORMANCE

Forget regular isotonic drinks. Just 2 or 4 electrolytes (i.e., minerals) like potassium & sodium, magnesium & calcium sounds sufficient? Consider that our bones are made of 12 essential minerals and 64 trace elements! Moreover, calcium and magnesium are antagonistic minerals, which should not be taken at the same time.

The new alive® Full Spectrum Electrolytes powders are redefining hydration, recovery, and performance. They deliver something much more powerful: a complete spectrum of 82 bioactive minerals and trace elements, combined with betaGLUCAN™ for natural immune support. Designed for athletes, professionals, and anyone who wants to fuel their body the smart way, these powders are a true upgrade for modern wellness.

### Three Targeted Formulas for Your Needs

**Magnesium** – the essential mineral for energy release, muscle recovery, and nervous system balance. It helps fight fatigue, prevents cramps, and supports endurance during intense activity. Perfect aid for a better sleep.

**Calcium** – in combination with all trace elements is crucial for strong bones, flexible joints, and proper muscle function. It contributes to long-term resilience, faster recovery, and is especially important for active lifestyles.

**Bioactive Iodine** – sourced from a billion-year-old ancient sea, iodine is vital for thyroid health, metabolism, focus, and mental clarity.

**alive® delivers it in its purest and most potent natural form.**

### Why Full Spectrum Matters

Ordinary isotonic drinks or supplements stop at sodium and potassium, leaving the body's deeper needs unmet. Alive® powders replenish your system with magnesium, calcium, iodine, zinc, selenium, copper, boron, iron, phosphorus, and dozens more minerals – in the exact natural proportions found in human blood plasma. This makes them far more effective at restoring balance. Thanks to up to 92% bioavailability, these nutrients are absorbed significantly better than conventional inorganic minerals, meaning your body can actually use them where it matters most.

### The Power of betaGLUCAN™

Every serving is enriched with betaGLUCAN™, a natural polysaccharide known as one of the strongest immune system activators. It helps the body defend against infections, supports resilience under physical and mental stress, and reduces fatigue. By activating macrophages and natural killer cells, it strengthens your body's natural defense mechanisms, making it more than just an electrolyte supplement – it's true cellular protection.

### Hydration, Protection & Regeneration in One

alive® powders don't just quench thirst – they restore hydration, prevent cramps, and optimize recovery. They support bones, joints, muscles, the nervous system, and metabolism, while also improving sleep quality and mental clarity. Vegan, sugar-free, and with zero glycemic index, they fit perfectly into a modern, healthy lifestyle.

**Whether you're training hard, recovering from stress, or simply want to support your daily health, alive® Full Spectrum Electrolytes provide a clean, powerful, and natural solution. Alive® Full Spectrum Electrolytes – Hydration, Energy & Immunity in every scoop. Because your body deserves more than sugar water.**

- ✓ Muscle Function
- ✓ Cramp Prevention
- ✓ Energy Release
- ✓ Vegan
- ✓ Gluten Free

- ✓ Bone Strength
- ✓ Muscle Recovery
- ✓ Long-Term Vitality
- ✓ Vegan
- ✓ Gluten Free

- ✓ Mental Focus
- ✓ Metabolism Boost
- ✓ Thyroid Support
- ✓ Vegan
- ✓ Gluten Free



# Our philosophy HEALTH IS WHAT REALLY MATTERS

When I decided to create our first drink - a drink that would help metabolize alcohol better, my choice was clear. I wanted to bring people an all-around higher quality beverage than all common drinks. Too often we see large corporations deviate from their honest crafts; They begin to focus on maximizing profits for their shareholders, eventually substituting quality for quantity by using inexpensive ingredients, artificial sweeteners, preservatives and stabilizers.

I was looking for our own path - often thorny but honest. I was not trying to develop just another mindless drink. Rather I wanted to create a drink that had its own soul; something that not only quenched your thirst, but also had health benefits as well as the experience of a great and unique taste. Healthy does not always have to taste bad.

I was very lucky to have grown up surrounded and influenced by pharmacists, doctors, biochemists, and healers of Chinese traditional medicine and Ayurveda, who helped to shape my approach to life. I was inspired by the oldest book on Earth, "I-Ching, Book of Changes", more than 6000 years old. The book explains that everywhere around us, as in ourselves, there must be a balance - a balance between the energies of Yin & Yang, light & dark, in every aspect of life.

I have consistently tried to transform this old philosophy into our drinks, by using a selection of high-quality raw materials that interact harmoniously on the biochemical level, as well as using high-quality spring mountain water. Above all, I avoided conventional raw materials, sweeteners, colorings and preservatives. As it has been proven by many scientific studies, food can heal. It can create balance in the body. Therefore, I wish you:

**LISTEN TO YOUR BODY, YOUR BODY KNOWS™**



**IVAN DUCKO**  
CEO of SPACElab

## Modern healthy drink fulfilling all expectations and needs.

With unique **βG ACTIVE IMMUNE COMPLEX®** which activate and strengthen the body's natural defense mechanism in synergy with strong antioxidant and anti-inflammatory benefits for daily nutrition.

**Sweetened by fruit juices**  
**contain fiber**  
**Coenzyme Q10**  
**C and B-vitamins**

**NO ADDED SUGAR**  
**NO SWEETENERS**

**ASK FOR SPECIAL PRICING!**

**LIVE HEALTHY, DRINK SMART, FEEL BETTER!**

## PROMILE CALCULATOR

Alcohol is metabolized differently in every human body depending on many factors: age, sex, weight, current physical condition, health, diet, amount of alcohol, and its type.

**ALCOHOL KILLER® does not prevent intoxication caused by excessive alcohol consumption, but it can help your body process it more efficiently.**

### WE ACTIVELY HELP IMPROVE ROAD SAFETY

Despite its effect, drinking ALCOHOL KILLER after alcohol consumption does not justify drunk-driving. Driving under the influence of any narcotics is unethical, illegal, and dangerous. Before driving, check your alcohol level with a quality measuring device. Remember that any measuring is always purely indicative.

Based on the tests and findings of BESIP Czech Republic (Road Traffic Safety), even expensive measuring devices worth hundreds of euros showed deviations of up to 80% between individual tests. There was only one that passed the test - DRÄGER - which is also used by the police force. Its results are trustworthy.

**ALCOHOL βG KILLER®** is approved by the Office of Public Health of the Slovak Republic, EU, No.: BPOVO/1613/2005/Trs. in accordance with ECJ jurisdiction. This approval is valid in other EU member states as well as in EEA countries\* Complies with the U.S. FDA standards\*. **THIS PRODUCT IS NOT DESIGNED FOR THE DIAGNOSIS, PREVENTION, OR TREATMENT OF ANY DISEASE.**



**CALCULATE YOUR  
SOBER TIME**  
[alcoholkiller.com](http://alcoholkiller.com)





## TRAIN YOUR BRAIN

D1D YOU K80W HOW OUR BR418 15  
18CR3D1BLY 4W350M3?

YOU C48 R34D 7H15 M3554G3

W17H0U7 48Y PROBL3M.

4LC0H0L K1LL3R H3LP5 YOU 70 G37

C087R0L 4F73R 4 H34VY 81GH7 48D 70  
H4V3 4 GR347 M0R818G.

4LC0H0L K1LL3R 15 4LW4Y5 08 YOUR

51D3. 17 15 847UR4L 48D 17 15 7H3  
B357 D370X FOR YOUR BODY.

U53 YOUR P0738714L 70 7H3 M4X!

1F YOU L1K3 17 PL3453 5UPP0R7 U5

48D FOLLOW U5 08 F4C3B00K 48D  
18574GR4M.

**H48G0V3R 15 0V3R.**

**54V3 7H3 D4Y.**



### DURING A PARTY

The simultaneous use of KILLER and alcohol will not spoil the fun, but will reduce the negative impact of alcohol on your body.



### BEFORE SLEEP AND IN THE MORNING

It will contribute towards a better night of sleep, during which most of the alcohol breaks down. As a result of faster metabolism, your body is able to process and rid itself of residual alcohol much quicker, drastically reducing the symptoms of the alcohol withdrawal the following morning.



### AFTER HEAVY MEAL

It acts like a perfect natural digestive.



## MOVEMENT IS IN OUR GENES, BUT WE FORGET THE KEY DETAIL – LIKE BREATH AND MINERALS

### How did you get into physiotherapy?

I got into physiotherapy through circumstances and my passion for movement, which came from my father being a weightlifter in Dukla Trenčín. He always encouraged us to be active. In high school I enjoyed nutrition and biology, which are closely related. I was fascinated by the human body and movement, and that's how I found my way into physiotherapy.

### Was there a turning point that led you to it?

It's hard to say if there was one single turning point. It was more a series of realizations that came together. The real joy came once I actually started working with people.

### What does your workday look like?

My workdays are varied. Most of the time I spend exercising with people, introducing them to movement, and educating them about what's missing in their everyday activity. Part of my day is also manual therapies – mobilizations, massages, cupping, and similar techniques.

### What mistakes do people make after visiting you?

Often they ignore or fail to implement the basic elements that are key for change – for example, breathing exercises or regularly integrating simple movement patterns into daily life. Without this, they don't build proper habits, and their nervous system doesn't learn the beneficial patterns that would support long-term improvement.

### How do you take care of your own recovery?

Honestly, my recovery could be better, especially when it comes to sleep. I often don't give myself enough quality rest because I have other time-consuming interests. I try to move, eat well, and supplement minerals and beneficial nutrients, but it's not always ideal. My best recovery is simply time with my partner.

### What do aliver waters bring you?

They give me a comfortable and varied form of hydration. They're unique because they contain 82 minerals – exactly what our body really needs. I appreciate that most of them don't contain sugar or artificial sweeteners.

I even give them to clients after training as a reward – like kids getting a lollipop after the doctor, only in this case it's water that helps with hydration and mineral replenishment.

### Do you recommend Space Labs Drinks waters to your clients?

Yes, I do. They know I drink them myself, and simply by giving them out as a reward, that in itself is a form of recommendation.

### What do aliver waters bring you personally?

For me, they provide nutritional benefits and a quick, practical form of hydration. Because they don't contain sugar or sweeteners, you don't feel thirsty again right after drinking them. I use them especially when traveling – I take two or three bottles with me so I always have them on hand when I need them.

### Do you have a favorite variant?

Yes, I really like the fermented waters from aliver – the forest fruit flavor and the new mango version. They contain a little sugar, but

I enjoy the taste most and they're a treat for my taste buds.

### Can you recall a moment when you personally felt the importance of hydration and electrolytes?

I feel the need for hydration and mineral replenishment quite often, since I love movement. The last time was just the other day after training, when I felt faint in the store and had to quickly drink some juice I'd just bought.

### How quickly do you feel "back in shape" after training or a physiotherapy session with a client?

After training or exercising with a client, I usually feel fine right away because I enjoy it and it brings me joy. Of course, sometimes it depends on the client



**FILIP FERIANEC**  
Physiotherapist

– some people can be draining. But if I'm physically active during the session, I appreciate having some protein or a supplement with electrolytes and minerals afterwards.

### Which water is most beneficial for you, your clients, or your friends?

The most beneficial for me are the waters containing a wide range of minerals and beta-glucan, especially after training or during it, because they really support hydration.

### Do you notice the effect of bioactive magnesium and calcium more on muscle recovery, or on overall vitality?

I notice the effect not just on muscle recovery but also on overall vitality, because they support the nervous system and neuromuscular communication, and that boosts overall wellbeing.

### What could be your "key" argument for recommending the Bioactive Waters aliver to your clients, friends or family?

They are functional, healthy, and I like the overall concept as well as the approach of their creators.





# SCIENTISTS WORKING FOR THE FBI HAVE CONFIRMED IT WORKS.

Forbes



## How did the process begin?

"I grew up in well-educated household. My mother was the vice-dean of the Faculty of Pharmacy of the Comenius University. We consistently consulted our ideas with our families and friends, amongst whom were doctors, pharmacists, and biochemists. To ensure the quality of the product, we mixed and tested hundreds of samples over the years. All of our procedures and experiments were and are conducted within valid, strict standards that are applicable in the medical, pharmaceutical and food industries today."

## How is it that the drink so effective?

We always look for the causes of the problem. We created a substance that works in unison with your metabolism to help facilitate the body's process of breaking down alcohol and detoxifying the body. Our goal was to create a product that helped the body detoxify on its own as quickly as possible, without causing the body more harm. We want our customers to enjoy alcohol and have fun, yet remain productive

at work the following day."

## You also mentioned digestion and the liver, so it's not just for those who binge drink?

We have created a refreshing non-alcoholic drink that not only helps reduce hangover symptoms, but has also been proven to effectively help digestive problems naturally. It can just as easily be used as a remedy for an upset stomach, not just avoiding hangovers. Our drink contains about 40% less sugars than the average beverage, making it the perfect natural digestive.

## How has the testing of this product been achieved?

"Our first tests were conducted in Slovakia. However, we quickly realized



that many people hardly knew where Slovakia even is located in the world. Therefore, we began looking for an independently accredited laboratory across the ocean, where we later expanded. We approached one in particular that specialized in toxicology, drugs, alcohol and poisons, and they agreed to run clinical trials on our product. This laboratory in particular is recognized by the U.S. Federal Court; only later on did we realize that the majority of their work done is for the FBI. Initially, they told us they would conduct the tests on an empty stomach against water consumption only, as placebo. This is an extreme situation since alcohol is immediately absorbed through the stomach wall. Neither the director of the laboratory nor his professional colleagues believed it would work, so we put it to the test. You can imagine

how proud I was when they called me with the test results. Their conclusion was: **'Alcohol Killer helps the body degrade alcohol more than 40 % quicker than it would on its own.'**

In addition, drinking water has been shown to have no effect on the rate of alcohol degradation. Another clinical test was carried out in 2017 under the same conditions but with different amounts of alcohol in each test group. Those results showed that **Alcohol Killer can accelerate alcohol degradation on an average of 62% faster.** The clinical trials drew various samples from the test subjects' breath, blood, and urine to ensure the validity and accuracy of the results.

**"Alcohol Killer works."**

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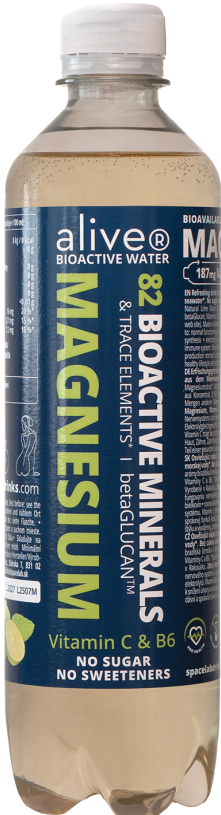


## Mr. Soldan, during your professional sports career you had long-lasting health problems. What exactly was the issue?

Imagine this: you're training regularly, you enjoy it, but instead of feeling good, every single day ends in pain. For almost twenty years, I struggled with severe and persistent muscle soreness after every workout – even the light ones. This wasn't normal fatigue; it became a daily reality that robbed me of the joy of sport.

## Twenty years is a long time. I assume you tried to solve it? Did you seek professional help?

Of course, I didn't ignore it. It was incredibly frustrating, so I actively sought help and looked for solutions. I consulted several nutritionists to see if my diet was the issue, and naturally I spoke with sports doctors as well to rule out any underlying health problems.



## And what did the experts conclude? Did their advice help you?

That was the most demotivating part. Basically, no one could give me any clear and, most importantly, effective advice. They either just shrugged it off as if it were some unsolvable mystery, or they gave me the same generic recommendations: buy some magnesium or calcium from the pharmacy. I honestly tried everything, but nothing changed – that burning pain was still there. The problem just persisted.

## What finally made the difference?

Honestly, by that point I was very skeptical that anything could help. The turning point came completely by chance during a charity event when I met Mr. Ducko, the CEO of SPACElab Ltd., a family company that develops and produces holistic functional beverages and supplements. We started talking about training and my issues; he listened carefully, asked me several detailed questions, and then shared his view. His conclusion was that my body wasn't just lacking calcium or magnesium – it was missing the entire spectrum of minerals. When we sweat, we don't



PETER SOLDÁN  
European canoe champion

lose only those two; we lose a wide range of minerals essential for countless processes and chemical reactions in the body. He confidently said he might be able to help and recommended I try their aliver Bioactive Water along with Full Spectrum Electrolytes.

## Once you tried it, what happened? How long have you been using it?

At first I was cautious – after so many bad experiences, I didn't believe anything would work. But the results were, and I'm not exaggerating, absolutely amazing. I've been using it during training for two days (!) and I can already say that the twenty-year problem with muscle soreness has disappeared. It has been a massive change for me.

## So you haven't experienced soreness even once, not even after tough workouts?

Exactly. That's the best part. I can really push myself now – even after an intense leg or back day, the next morning I just feel that healthy post-workout fatigue, not the paralyzing pain I used to have. Since I started using it, I haven't had muscle soreness a single time. It has completely transformed my approach to training and recovery.